1. Introduction

Quantum computing currently attracts a lot of attention since it is expected to solve some of computationally hard problems for a conventional digital computer.1,2 Numerous realizations of a quantum computer have been proposed to date. Among others, a liquid-state nuclear magnetic resonance (NMR) quantum computer is regarded as most successful. Demonstration of Shor’s factorization algorithm with NMR is one of the most remarkable achievements.3,4 Liquid state NMR will be denoted simply as NMR throughout this paper.

Although the current NMR quantum computer is suspected not to be a true quantum computer because of its poor spin polarization at room temperature,5 it still works as a test bench for a more realistic quantum computer. For example, we have demonstrated our time-optimal implementation of two-qubit quantum algorithms by using an NMR quantum computer.4,5 A molecule employed in NMR experiments can be arranged to work not only as a quantum register but also as a composite system of a quantum system and its environment. It is possible to introduce decoherence phenomena in the quantum system by manipulating the environment subsystem. Moreover the combined system can be employed as a test bench to develop techniques to protect a quantum system from decoherence. Decoherence is one of the primary obstacles in constructing a working quantum computer and must be suppressed somehow. Decoherence effect in a quantum register has also been studied elsewhere.6,7

The main purpose of this paper is two-fold. Firstly, we show that decoherence can be generated by manipulating the artificial environment. Secondly, we verify by NMR experiments that decoherence control methods, such as a bang-bang control 7,8 actually suppress decoherence. It should be noted that demonstration of the effectiveness of decoherence control methods is rather difficult in other systems due to their extremely short coherence times.

Section 2 is a brief review of the theory of a quantum channel, which is a useful formalism to describe decoherence in a general context. In §3 we describe decoherence of a one-qubit system in terms of a quantum channel. There we discuss the method to suppress decoherence by a bang-bang control. In §4 we show that a two-qubit system may be regarded as a composite of a system (qubit 1) and an environment (qubit 2). We introduce an artificial environment by manipulating qubit 2, which causes decoherence in qubit 1. We show two illustrating examples and calculate decoherence rates in these environments. We also show that application of a bang-bang control to qubit 1 suppresses decoherence in both cases. In §5 we report the results of our experiments, which support our theory. Using a two-spin molecule we demonstrate the generation of decoherence and its suppression by the bang-bang control. Section 6 is devoted to summary and conclusions.

2. Decoherence

2.1 Quantum channel

Decoherence is an irreversible change of a state of a quantum system which has quantum correlation with its environment. The change of the state of the system is irreversible due to our lack of knowledge about the state of the environment.

Decoherence is formulated in terms of a channel or a quantum operation 9–11 as follows. Let $\mathcal{H}_s$ and $\mathcal{H}_e$ be the Hilbert spaces of the system and the environment, respectively. The initial state of the system is represented by the density matrix $\rho_s$ while that of the environment by $\rho_e$. The state of the whole system changes following the time-evolution law,

$$\rho_s \otimes \rho_e \rightarrow U \rho_s \otimes \rho_e U^\dagger.$$
Here $U$ is a unitary operator acting on the Hilbert space of the composite system $\mathcal{H}_s \otimes \mathcal{H}_e$. We consider the case in which the initial state is an uncorrelated state $\rho = \rho_s \otimes \rho_e$. The states of the system and the environment are correlated via the transformation (1). Needless to say, the unitary transformation (1) is a reversible change. If we are interested only in the state of the system, the measurement outcomes are completely described by the reduced density matrix

$$\rho_s' = \mathcal{E}(\rho_s) = Tr_E(U \rho_s \otimes \rho_e U^*),$$

(2)

where the symbol $Tr_E$ denotes the partial trace over $\mathcal{H}_e$. The partial trace operation is non-invertible and the associated loss of information leads to decoherence. Even if the initial state $\rho_s$ is a pure state, the transformed state $\mathcal{E}(\rho_s)$ is a mixed state in general.

The mapping $\rho_s \mapsto \mathcal{E}(\rho_s)$ is called a channel or a quantum operation.\(^{11}\) A channel is the most general mathematical device to describe changes of a quantum state, including unitary time-evolution, measurement process, decoherence and so on. It is known that for a channel there is a set of unitary operators $\{E_k\}$ acting on $\mathcal{H}_s$ such that

$$\mathcal{E}(\rho_s) = \sum_k E_k \rho_s E_k^\dagger,$$

(3)

$$\sum_k E_k^\dagger E_k = I_s.$$

(4)

Here $I_s$ is the identity operator on $\mathcal{H}_s$. Equation (3) is called an operator-sum representation of the channel $\mathcal{E}$. Equation (4) implies $Tr_E \mathcal{E}(\rho_s) = Tr_E \rho_s \rightarrow Tr_E \mathcal{E}$ being the trace over $\mathcal{H}_e$, and hence it is called the trace-preserving condition.

### 2.2 Mixing process as a quantum channel

There is another approach to defining channels without resort to partial trace over the Hilbert space of environment. Assume that we have a set of unitary operators $\{U_k\}$, which acts on $\mathcal{H}_e$, and that we have a set of real numbers $\{p_k\}$ such that $0 \leq p_k \leq 1$ and $\sum_k p_k = 1$. We then define a transformation of the system density matrix $\rho_s$ by

$$\rho_s \rightarrow \mathcal{M}(\rho_s) = \sum_k p_k U_k \rho_s U_k^\dagger.$$  

(5)

They satisfy the condition (4) if we put $E_k = \sqrt{p_k} U_k$. This argument tells us that if we apply a set of time-evolution unitary operators $\{U_k\}$ on the system with a probability distribution $\{p_k\}$, we will observe a decoherence-like phenomenon after taking an average of the measured data over $k$. We call the transformation $\mathcal{M}$ a mixing process.

Although a mixing process is defined superficially without referring to an environment, it is mathematically a special case of a channel that is defined through interaction between a system and an environment. For given sets of unitary operators $\{U_k\}$ and probabilities $\{p_k\}$, we can construct a Hilbert space $\mathcal{H}_e = \sum_k c_k |k\rangle$ by demanding formally that $\{ |k\rangle \}$ is a complete orthonormal set. Moreover, we define an environment density matrix

$$\rho_e = \sum_k p_k |k\rangle \langle k|$$

(6)

and define a unitary operator $U = \sum_k U_k \otimes |k\rangle \langle k|$ that acts on $\mathcal{H}_s \otimes \mathcal{H}_e$ as

$$U(|\psi_s\rangle \otimes |k\rangle) = (U_k |\psi_s\rangle) \otimes |k\rangle.$$  

(7)

By substituting them into the defining equation of a channel (2), we obtain the mixing process (5). In this paper we use the mixing process as a procedure to build a channel.

### 3. Decoherence in One-Qubit System

#### 3.1 Phase flip channel

Here we introduce the phase flip channel, which is a typical example of a channel. We take a one-qubit system and a one-qubit environment for simplicity. Assume that the initial state of the environment is

$$|\psi_e\rangle = \sqrt{p} |0\rangle + \sqrt{1-p} |1\rangle$$

(8)

with a real number $p$ ($0 \leq p \leq 1$). Here the vectors $\{|0\rangle, |1\rangle\}$ are eigenstates of $\sigma_z$ such that $\sigma_z |0\rangle = |0\rangle$ and $\sigma_z |1\rangle = -|1\rangle$, where $\sigma_x, \sigma_y, \sigma_z$ are conventional Pauli matrices. We take a unitary operator

$$U = I \otimes |0\rangle \langle 0| + \sigma_z \otimes |1\rangle \langle 1| = \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & -1 \end{pmatrix}$$

(9)

which acts on $\mathbb{C}^2 \otimes \mathbb{C}^2$, where $I$ is the two-dimensional identity matrix. By substituting them into eq. (2) we obtain a channel

$$\mathcal{E}(\rho_s) = Tr_E(U \rho_s \otimes |\psi_e\rangle \langle \psi_e| U^*) = E_0 \rho_s E_0^\dagger + E_1 \rho_s E_1^\dagger$$

(10)

with

$$E_0 = \langle 0 | U | \psi_e \rangle = \sqrt{p} I,$$

(11)

$$E_1 = \langle 1 | U | \psi_e \rangle = \sqrt{1-p} \sigma_z.$$  

(12)

Any initial state of a one-qubit system is parameterized as

$$\rho_s = \begin{pmatrix} \rho_{00} & \rho_{01} \\ \rho_{10} & \rho_{11} \end{pmatrix} = \frac{1}{2} \begin{pmatrix} I & \alpha_x \sigma_x + \alpha_y \sigma_y + \alpha_z \sigma_z \\ \alpha_x^* \sigma_x + \alpha_y^* \sigma_y + \alpha_z^* \sigma_z & I \end{pmatrix}$$

(13)

with real numbers $\alpha_x$, $\alpha_y$, $\alpha_z$ such that $\alpha_x^2 + \alpha_y^2 + \alpha_z^2 \leq 1$. The vector $(\alpha_x, \alpha_y, \alpha_z)$ is called the Bloch vector. The angle $\phi$ defined by

$$2 \rho_{10} = \alpha_x + i \alpha_y = e^{i \phi} \sqrt{\alpha_x^2 + \alpha_y^2}$$

(14)

denotes the azimuthal angle of the Bloch vector, and is called the phase of the qubit. The complex quantity $\alpha_x + i \alpha_y$ is called an amplitude in the context of NMR. The channel (10) transforms $\rho_s$ to

$$\mathcal{E}(\rho_s) = \frac{1}{2} p (I + \alpha_x \sigma_x + \alpha_y \sigma_y + \alpha_z \sigma_z) + \frac{1}{2} (1-p) (I - \alpha_x \sigma_x - \alpha_y \sigma_y - \alpha_z \sigma_z)$$

$$= \begin{pmatrix} \rho_{00} & \rho_{01} \\ \rho_{10} & \rho_{11} \end{pmatrix}$$

(15)

The first expression in the right hand side shows that the phase is left unchanged with probability $p$ while it is flipped as $e^{i \phi} \rightarrow e^{i \phi+\pi} = -e^{i \phi}$ with probability $1-p$. Hence it is natural to call this a phase flip channel. In particular, when $p = 1/2$, the transverse components $(\alpha_x, \alpha_y)$ of the Bloch vector, or the off-diagonal elements $\rho_{01} = \rho_{10}$, vanish after the channel is applied and the information about the phase is completely lost. However, the diagonal elements $\rho_{00}$ and $\rho_{11}$, which represent populations of qubits in the states $|0\rangle$
and $|1\rangle$, respectively, remain unchanged. Due to these properties, decoherence generated via the phase flip channel is called phase decoherence.

It should be noted that different sets of an initial state of the environment and a unitary operator of the whole system may yield the same channel. Instead of eqs. (8) and (9), we may take a mixed environment state

$$\rho_e = p|+\rangle\langle+| + (1 - p)|-\rangle\langle-|$$

$$= \frac{1}{2}\begin{pmatrix} 1 & 2p - 1 & 1 \\ 2p - 1 & 1 & 1 \\ 1 & 1 & 1 \end{pmatrix}, \quad (16)$$

where $|+\rangle$ and $|-\rangle$ are the normalized eigenvectors of $\sigma_x$ with eigenvalues 1 and $-1$ respectively, and the controlled NOT gate $U_{\text{CNOT}} = \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 0 & 0 & 1 \\ 0 & 0 & 1 & 0 \\ 0 & 1 & 0 & 0 \end{pmatrix}$

$$= I \otimes |+\rangle\langle+| + \sigma_x \otimes |-\rangle\langle-|.$$ Substituting them into eq. (2) we obtain again the phase flip channel eq. (15).

### 3.2 Random fluctuating field

It is possible to reproduce the phase flip channel without resort to the partial trace. This is done by introducing the mixing process defined previously.

Let us consider a single spin Hamiltonian

$$H_{\text{S}} = -\omega(t) \frac{\sigma_z}{2}, \quad (18)$$

where $\omega(t)$ is a randomly fluctuating field. We have taken the natural unit $\hbar = 1$. The time-evolution operator associated with the Hamiltonian (18) is the phase shift gate

$$S(\theta) = e^{i\theta/2} \quad (19)$$

with

$$\theta = \int_0^t \omega(\tau) \, d\tau. \quad (20)$$

The phase $\theta$ integrates the effect of $\omega(\tau)$ in the interval $[0, t]$. In the context of NMR, the phase shift gate is implemented with a longitudinal magnetic field or a scalar coupling with another spins as we discuss later. The phase shift gate acts on the density matrix as

$$S(\theta)\rho_e S(\theta)^\dagger = \begin{pmatrix} \rho_{00} & e^{i\theta} \rho_{01} \\ e^{-i\theta} \rho_{01} & \rho_{11} \end{pmatrix}. \quad (21)$$

Given a probability distribution $\rho(\theta)$ which characterizes the random fluctuating field, the mixing process is evaluated as

$$M(\rho_e) = \int_{-\infty}^{\infty} \rho(\theta) S(\theta) \rho_e S(\theta)^\dagger \, d\theta = \begin{pmatrix} \rho_{00} & (e^{i\theta}) \rho_{01} \\ (e^{-i\theta}) \rho_{01} & \rho_{11} \end{pmatrix}. \quad (22)$$

For any probability distribution $\rho(\theta)$,

$$\int_{-\infty}^{\infty} \rho(\theta) e^{-i\theta} \, d\theta = \int_{-\infty}^{\infty} |\rho(\theta) e^{-i\theta}| \, d\theta = 1.$$ Therefore the absolute value of the off-diagonal elements of $M(\rho_e)$ is smaller than those of $\rho_e$. When the average $\langle e^{-i\theta} \rangle$ is a real number, the map $M(\rho_e)$ reproduces the phase flip channel (15). This applies when $p(\theta) = p(-\theta)$ for example.

We can further simplify the model without losing the essence of the random fluctuating field model. Suppose that $\omega(t)$ takes only two values, $\omega_0 \pm \delta \omega$, with the corresponding probabilities $p/(\pm \delta \omega)$. We simulate phase decoherence phenomena according to this simplified random fluctuating field model.

Relaxation phenomena in nuclear spin qubits, including phase decoherence, have long been studied in somewhat different context in non-equilibrium statistical physics and employed as probes in condensed matter physics. Studies on a relaxation process induced by environmental fluctuations have played an essential role when we want to extract information on the environments. Conversely, we can evaluate the time evolution of a system provided that the structure of the environment, as well as the interaction between the system and the environment, is given. Spin relaxation has often been analyzed by the phenomenological Bloch equations. The equations are characterized by two parameters called the longitudinal relaxation time $T_1$ and the transverse relaxation time $T_2$. The former characterizes energy relaxation whereas the latter describes phase decoherence. Relaxation phenomena can also be described by the method of master equation. This is called a Redfield equation in the field of spin relaxation. Both the Bloch and the Redfield equations are valid only for the so-called narrowing limit where the characteristic time $\tau_e$ of the environment is very short resulting in an exponential decay in the relevant spin variables. In contrast, the random fluctuating field model, though phenomenological, is applicable to any time scale ranging from the narrowing limit ($\tau_e \to 0$) to the slow modulation with large $\tau_e$. Therefore, it is reasonable to take the random fluctuating field model as a basis for simulating phase decoherence phenomena.

### 3.3 Suppressing decoherence by the bang-bang control

Several groups\(^{[7,8]}\) have proposed and analyzed a useful technique to suppress decoherence, which is called a quantum bang-bang control. We briefly explain the principle of the bang-bang control. When a qubit system evolves in time, the interaction with its environment usually causes decoherence in the qubit state. If, however, time-evolution of the qubit could be reversed by some methods, the qubit returns to its initial state and decoherence would be eliminated. Concerning the phase decoherence, a time-reversal operation can be simply implemented with a pair of $\pi$-pulses assuming that the state of environment remains unchanged between two pulses. The $\pi$-pulses around the $x$- and $-x$-axes transform the qubit state with unitary operators

$$V = e^{-i\sigma_x/2}, \quad V^\dagger = e^{i\sigma_x/2}, \quad (23)$$

respectively. The phase shift operator $S(\theta) = e^{i\theta/2}$ has the property

$$V^\dagger S(\theta) V = S(-\theta) = S(\theta)^{-1}. \quad (24)$$

Hence, by inserting a pair of $\pi$-pulses in a product of phase shift operators $S(\theta)$ we get...
Therefore, the state $\rho_s$ of the qubit comes back to the initial one as
\[ (V^\dagger S(\theta)V)(V^\dagger S(\theta)V)^\dagger = \rho_s. \]  
(26)

The phase shift is also cancelled if a pair of $\pi$-pulses is inserted as
\[ S(\theta_2)V^\dagger S(\theta_2 + \theta_1)VS(\theta_1) = I \]  
(27)
showing that the locations of $\pi$-pulse insertions may be chosen rather arbitrarily.

The time-evolution operator $S(\omega t)$ affects the qubit state if the interaction with environment causes a phase shift proportional to time. Here $\omega$ is a parameter which characterizes the environment state and strength of interaction between the system and the environment. Let us introduce a time interval $t_0$ and put $2nt_0 = t$ with a positive integer $n$. Then we have
\[ S(o\theta_0) \cdot S(o\theta_0) \cdot \ldots \cdot S(o\theta_0) \cdot S(o\theta_0) = S(\omega t). \]  
(28)
By inserting $\pi$-pulses we recover the initial state since
\[ V^\dagger S(o\theta_0)VS(o\theta_0) \cdots V^\dagger S(o\theta_0)VS(o\theta_0) = I. \]  
(29)
This argument indicates that phase decoherence is suppressed by applying a regular sequence of $\pi$-pulses on the qubit.

In general circumstances, the environment state is not stationary and the phase shift is not proportional to time. Then $S(\omega t)$ is replaced with
\[ U(t; t_0) = S\left(\int_{t_0}^t \omega(t) \, dt\right). \]  
(30)
We, here, introduce a characteristic time $\tau_e$ and assume that the autocorrelation function $(\omega(t_0 + t)\omega(t_0))/\langle \omega^2(t_0) \rangle \approx 1$ for $t \lesssim \tau_e$, where $\langle \cdot \rangle$ denotes averaging over $t_0$. Then, $U(t; t_0)$ does not vary rapidly and satisfies
\[ U(t_0 + 2n\tau_e; t_0 + 2n\tau_e) \approx U(t_0 + \tau_e; t_0) \]  
(31)
for $t_0 \ll \tau_e$, even if $\omega(t)$ is not a continuous function of $t$. In other words, the environment under consideration is, strictly speaking, not stochastic. Then, it is legitimate to use an approximation
\[ V^\dagger U(t_0 + 2n\tau_e; t_0 + 2n\tau_e)VU(t_0 + \tau_e; t_0) \approx I. \]  
(32)

The above equation implies that the phase shift of the system will be mostly cancelled by inserting $\pi$-pulses with a short interval $t_0$ in the time-evolution operator (30) when the characteristic time constant of the environment is much longer than $\tau_e$. Therefore the associated decoherence of the system will be suppressed.

4. Two-Qubit System as a Composite of System and Environment

4.1 Artificial environment

Any system in an environment has a Hamiltonian of the form
\[ H_s = H_s + H_e + H_{se}, \]  
(33)
where $H_s$ and $H_e$ govern intrinsic behaviors of the system and the environment, respectively, while $H_{se}$ represents interaction between them. The relation between the system and the environment is schematically depicted in Fig. 1. Zurek,\textsuperscript{14} for example, discussed a simple model where a one-qubit system is coupled to an $n$-qubit environment through interaction of the form $\sigma \otimes \sigma$.

Suppose the interaction $H_{se}$ is so weak that its effect on the system qubit is negligible compared with that of $H_s$ for a certain time scale $\tau$. Assume further that the system consists of two subsystems, which are referred to as subsystems 1 and 2. Then the system Hamiltonian $H_s$ is decomposed as
\[ H_s = H_1 + H_2 + H_{12}. \]  
(34)
Here $H_1$ and $H_2$ govern intrinsic behaviors of the subsystems, while $H_{12}$ describes interaction between them. Under this decomposition, we may regard the subsystem 1 as a new system and the subsystem 2 as an artificial environment. The subsystem 1 will exhibit a decoherence-like behavior if the subsystem 2 simulates an environment that has many degrees of freedom.

Particularly, nuclear spins used in NMR have long relaxation times of the order of $\tau \sim 10$ s. Thus nuclear spins are almost isolated from the environment in the time scale $\tau$. In such a circumstance it is legitimate to regard some of the spins as an artificial environment for the other spins.

Zhang et al.,\textsuperscript{15} experimentally studied the spin dynamics of $^{13}$C-labeled trichloroethane, which has three spins in a molecule. They regarded three spins as a composite of a two-qubit system and a one-qubit environment. They claimed that they observed decoherence in the two-qubit system. However, the artificial environment must have a large number of degrees of freedom to introduce irreversible decoherence-like behavior in the system while the one-qubit environment employed in their experiments had not enough degrees of freedom. Hence their system exhibited a periodic behavior and failed to introduce an irreversible change in the system. Ryan et al.,\textsuperscript{16} overcame this difficulty by employing a seven-qubit molecule for simulating complex dynamics of an environment.

Teklemariam et al.,\textsuperscript{17} proposed to apply a stochastic classical field\textsuperscript{18} on the artificial environment to generate artificial decoherence. Although the artificial environment has only a few degrees of freedom, it can simulate an open environment if it is randomized by an external stochastic field. With this idea, they observed decoherence-like behavior by using NMR. Although we closely follow Teklemariam et al., we simplify the principle of generating artificial phase decoherence phenomena to the limit. Thanks
to this simplification, we are able to analyze the phenomena without recourse to numerical calculations and compare theoretical and experimental results directly.

Several remarks are in order. An experimental work that may be called demonstration of “quantum bang-bang control” was only reported by Morton et al.\(^{19}\) to the best of our knowledge, where the time development of Rabi oscillation was undone by successive \(\pi\)-pulses. Their experiments are closely related with the “quantum Zeno effect” experiment by Itano et al.,\(^{20}\) which was in turn based on the proposal by Cook.\(^{21}\) Cook pointed out that demonstration of “quantum Zeno effect” is difficult and thus proposed an experiment inhibiting Rabi oscillation, not relaxation, by frequent measurements.

We emphasize that our experiments really demonstrate the suppression of relaxation, albeit artificial, and are not mere suspension of Rabi oscillation.\(^{19,20}\) Although our techniques employed in this work are based on the well-known spin-decoupling technique in NMR,\(^{18}\) we propose the new usage of this technique in understanding relaxation phenomena experimentally and in providing a test bench to develop indispensable techniques in quantum information processing.

We list preceding experimental works dealing with engineered noise here. Kohmoto et al.\(^{22}\) analyzed spin relaxation induced by experimentally generated classical random field. Viola et al.\(^{23}\) demonstrated the noiseless subsystem with NMR, in which collective noise was engineered through gradient-diffusion method. Kwiat et al.\(^{24}\) employed the collective artificial noise in their decoherence-free subspace experiments with linear optics. Kielpirski et al.\(^{25}\) applied collective noise to ions by irradiating laser light on the ions. Since our noise is generated through interaction between qubits, our experiments are closer to realistic situation than theirs.

### 4.3 Phase decoherence in a quantum transmission line and its suppression by the bang-bang control

Let us imagine that a flying qubit is sent through a quantum transmission line, where noisy region is localized somewhere in the line. The noise is caused by an interaction between a noise source and the flying qubit. Therefore the noise, or the influence of the noise source on the flying qubit, continuously changes when the flying qubit passes through the noisy region.\(^{26}\)

We construct a model which realizes the above situation with the two-qubit system discussed in the previous subsection. We regard qubit 1 as a flying qubit and qubit 2 as an environment. We first note that the response of the qubit 1 under the above noise can be approximated by that under a slowly varying random field localized in the noisy region. Suppose that the initial state of qubit 2 is \(|0\rangle\). Qubit 2 is flipped to \(|1\rangle\) at time \(t_1\), which corresponds to a noise source position in the transmission line, and it is flipped back to \(|0\rangle\) at time \(t_1 + \Delta\), where \(\Delta\) corresponds to the strength of the noise source. Our environment is a two-level system and thus we modulate the strength of the noise by modulating \(\Delta\). We then observe qubit 1 at later time \(T (\gg t_1 + \Delta)\). The state of qubit 1 at \(T\) is determined by applying the phase shift

\[
e^{-i\hbar/2\lambda(T-t_1-\Delta)}e^{i\hbar/2\lambda}e^{-i\hbar/2\lambda t_1} = S(\lambda)S\left(-\frac{\lambda}{2T}\right)
\]

on the initial state. Now we regard the time interval \(\Delta\) as a random variable. Assume that \(\Delta\) takes its value in the range \(0 \leq \Delta \leq 2\pi\) with uniform probability distribution. Then the mixing process (22) yields

\[
\mathcal{M}(\rho_0) = \frac{1}{2\pi} \int_0^{2\pi} S(\theta)\rho_0 S^\dagger(\theta) d\theta = \begin{pmatrix} \rho_{00} & 0 \\ 0 & \rho_{11} \end{pmatrix}.
\]

Thus, a complete decoherence takes place in qubit 1.

Let us apply the bang-bang control to qubit 1 in the artificial phase flip channel introduced above. Apply \(\pi\)-pulse sequence, \(V\) and \(V^\dagger\) of (23) on qubit 1 repeatedly with constant time interval \(t_0\) during \(0 \leq t \leq T\). Measure the state of qubit 1 at time \(T\) and take an average of the data with respect to the random variable \(\Delta\). What is the resulting state \(\mathcal{M}(\rho_0)\) for this mixing process?

We consider four cases separately:

1. there are even number of \(\pi\)-pulses in \([0,t_1]\) and even number of \(\pi\)-pulses in \([t_1,t_1 + \Delta]\);
2. even in \([0,t_1]\) and odd in \([t_1,t_1 + \Delta]\);
3. odd in \([0,t_1]\) and even in \([t_1,t_1 + \Delta]\);
4. odd in \([0,t_1]\) and odd in \([t_1,t_1 + \Delta]\).

Define \(\epsilon_0\) such that the first \(\pi\)-pulse in \(t_1 \leq t \leq t_1 + \Delta\) is applied at \(t = t_1 + \epsilon_0\). Similarly, define \(\epsilon_1\) such that the final \(\pi\)-pulse in \(t_1 \leq t \leq t_1 + \Delta\) is applied at \(t = t_1 + \Delta - \epsilon_1\). If the number of \(\pi\)-pulses in \(t_1 \leq t \leq t_1 + \Delta\) is \(m\),
\[
\Delta = \varepsilon_0 + (m - 1)\varepsilon_b + \varepsilon_1. \tag{39}
\]

Assume that \(J_b \ll 2\pi\) so that there are sufficiently many pulses in the interval \([t_1, t_1 + \Delta]\). Under this assumption, the variables \(\varepsilon_0\) and \(\varepsilon_1\) are regarded as random variables taking values in the range \(0 \leq \varepsilon_i \leq \varepsilon_0\) with uniform probability distribution.

The time-evolution operator for qubit 1 is calculated for each case as follows. If we put
\[
L(\tau) = S\left(\frac{I}{2}\right) = e^{i/2|\tau|}, \tag{40}
\]
the time-evolution is generated by (36) as
\[
e^{-i/|\tau|}\psi \otimes |0\rangle = L(\tau)|\psi\rangle \otimes |0\rangle,
\]
\[
e^{-i/|\tau|}\psi \otimes |1\rangle = L(\tau)|\psi\rangle \otimes |1\rangle. \tag{41}
\]

The sequence of \(\pi\)-pulse pairs is represented by alternate insertions of \(V\) and \(V^\dagger\) of eq. (23) in the time-evolution operator product. For the case (1), the number of \(\pi\)-pulses is \(m = 2n\). The time-evolution operator is calculated with a help of Fig. 2 as

\[
U_1 = V^\dagger L(-\varepsilon_0)VL(-\delta_b - \varepsilon_1)L(\varepsilon_1)VL(\delta_b)VL(\varepsilon_0)L(-\varepsilon_0) = L(\tau_i)VL(\delta_b)VL(\varepsilon_0)L(-\varepsilon_0),
\]

where use has been made of the property of eq. (24). For the case (2) with \(m = 2n + 1\), we obtain
\[
U_2 = V^\dagger L(-\varepsilon_0)VL(\varepsilon_1)L(\delta_b)VL(\varepsilon_0)L(-\varepsilon_0)VL(\varepsilon_1)L(-\varepsilon_0)VL(-\varepsilon_0) = L(-2\varepsilon_1 + 2\varepsilon_0).
\]

For the case (3) with \(m = 2n\),
\[
U_3 = V^\dagger L(-\varepsilon_0)VL(\varepsilon_1)L(\delta_b)L(\varepsilon_0)L(-\varepsilon_0)VL(-\varepsilon_0)VL(-\varepsilon_0)VL(-\varepsilon_0) = L(-2\varepsilon_1 - 2\varepsilon_0 + \delta_b).
\]

Finally for the case (4) with \(m = 2n + 1\),
\[
U_4 = V^\dagger L(-\varepsilon_0)VL(-\varepsilon_0)VL(\varepsilon_1)L(\delta_b)L(\varepsilon_1)L(-\varepsilon_0)VL(-\varepsilon_0)VL(-\varepsilon_0)VL(-\varepsilon_0) = L(2\varepsilon_1 - 2\varepsilon_0).
\]

By taking average with respect to \(\varepsilon_0\) and \(\varepsilon_1\), and also average over the four cases, the mixing process (5) yields
\[
\mathcal{M}(\rho_b) = \frac{1}{4} \int_0^{\varepsilon_b} \mathcal{M}_1(\rho_b) \mathcal{M}_2(\rho_b) \mathcal{M}_3(\rho_b) \mathcal{M}_4(\rho_b).
\]

Each term in the parentheses is calculated as;
\[
L(2\varepsilon_0)\rho_0 L(2\varepsilon_0) = S(2\varepsilon_0)\rho_0 S(2\varepsilon_0) = \rho_{00} e^{i2\varepsilon_0} \rho_{01} e^{-i2\varepsilon_0} \rho_{10} e^{-i2\varepsilon_0} \rho_{11} e^{i2\varepsilon_0}, \tag{47}
\]
while the integral is evaluated as
\[
\int_0^{\varepsilon_b} e^{i2\varepsilon_0} d\varepsilon_0 = \frac{e^{i\varepsilon_b} - 1}{i\varepsilon_b} = \frac{\sin(\varepsilon_b/2)}{\varepsilon_b/2} e^{i\varepsilon_b/2}. \tag{48}
\]

By combining these results we finally obtain
\[
\mathcal{M}(\rho_b) = \left(\begin{array}{cc}
\rho_{00} & \kappa \rho_{01} \\
\kappa \rho_{10} & \rho_{11}
\end{array}\right), \tag{49}
\]
\[
\kappa = \left[\frac{\sin(\varepsilon_b/2)}{\varepsilon_b/2}\right]^2. \tag{50}
\]

Since we have already assumed that \(J_b \ll 2\pi\), \(\kappa\) should be approximately unity. Comparing this result (49) with (38), we see that the bang-bang control suppresses phase decoherence.

### 4.4 Phase decoherence in a quantum memory and its suppression by the bang-bang control

Suppose a qubit sits in a quantum memory device (quantum register). The qubit is exposed to a noisy environment and loses its phase coherence. The noise is described by the random fluctuating field in the Hamiltonian (18).

We can also construct a model which realizes the above situation with the previously introduced two-qubit system by modifying the random field properly. We regard qubit 1 as a qubit in a register and qubit 2 as an environment. Set the initial state of qubit 2 to \(|0\rangle\) at time \(t_0 = 0\), turn it to \(|1\rangle\) at \(t_1\), turn it back to \(|0\rangle\) at \(t_2\), and repeat flipping qubit 2 at \(t_3\) and so on. Under this manipulation qubit 2 effectively works as a noisy environment acting on qubit 1. The time interval between consecutive flippings is denoted as
\[
\Delta_j = t_{j+1} - t_j = \tilde{\Delta}(1 + \alpha \varepsilon_j) \quad (j = 0, 1, 2, \ldots). \tag{51}
\]
We emphasize that $\Delta$ in the above equation corresponds to $\tau$, the time scale with which the environment retains its memory. Here $[\xi_j]$ are independent random variables obeying the probability distribution function

$$p(\xi_j) = \frac{1}{\sqrt{2\pi}} e^{-\xi_j^2/2},$$

which is selected in order to mimic the phase decoherence due to the fluctuating environment.\(^{27}\) The parameter $\alpha$ ($0 \leq \alpha \leq 1/4$) characterizes variance of the time intervals.

The matrix $U_t \rho_t U_t^\dagger$ is calculated similarly to eq. (47). The integral in the off-diagonal components is evaluated as

$$\lambda = \int_{-\infty}^{\infty} d\xi_1 p(\xi_1) \int_{-\infty}^{\infty} d\xi_2 p(\xi_2) e^{i(\xi_1 + \xi_2)} e^{-\xi_1^2/2} e^{-\xi_2^2/2}$$

$$= \exp\left[-\frac{1}{4} (J\Delta)^2\right].$$

Thus (54) becomes

$$\mathcal{M}(\rho_t) = \left( \begin{array}{cc} \rho_{00} & \lambda^n \rho_{01} \\ \lambda^n \rho_{10} & \rho_{11} \end{array} \right),$$

at $\gamma_{2n} = 2n\Delta$, the average of time $t_{2n}$. Then the absolute value of the matrix element $\rho_{01}$ in $\mathcal{M}(\rho_t)$ is multiplied by

$$\lambda^n = \exp\left[-\frac{1}{4} (J\Delta)^2 \gamma_{2n}/2\Delta\right]$$

$$= \exp\left[-\frac{1}{8} J^2 \alpha^2 \Delta \gamma_{2n} \right] = e^{-\gamma_{2n}/T_2^*}. $$

We see that phase decoherence in the presence of random fluctuating field is characterized by the decay constant

$$T_{2b}^* = \frac{8}{J^2 \alpha^2 \Delta}.$$ 

It is clear that $T_{2b}^*$ becomes smaller for the larger variance $\alpha$ of fluctuation of the effective magnetic field.

We call $T_{2b}^*$ the effective transverse relaxation time since $\mathcal{M}(\rho_t)$ is applicable here as well. For $\gamma_{2n} = 2n\Delta$, there are $n$ random switching of qubit 2 from $|0\rangle$ to $|1\rangle$ and also $n$ random switching from $|1\rangle$ to $|0\rangle$ on average. After one cycle of switching of qubit 2, the element $\rho_{01}$ of the density matrix is multiplied by the factor $\kappa$ given by eq. (50). Therefore the off-diagonal element $\rho_{01}$ is multiplied by

$$k^n = \kappa^n = e^{-\gamma_{2n}/T_{2b}^*}$$

at $\gamma_{2n}$. Equation (59) defines $T_{2b}^*$, the decay constant that characterizes the phase decoherence under the bang-bang control. It is explicitly given as

To ensure that $\Delta$ in (51) is positive, the range of $\xi_j$ should be $-1/\alpha < \xi_j$. However, if $\alpha$ is not too large, the probability of having negative $\Delta$ is negligible. Hence, it is legitimate to extend the range of $\xi_j$-integration to $-\infty < \xi_j < \infty$ when we take an average. The time evolution operator for qubit 1 at time $t_{2n}$ is

$$U_t = L(-\Delta_1 + \Delta_2 + \cdots - \Delta_{2n-1} + \Delta_{2n}).$$

In this case, the mixing process (5) yields

$$d\xi_{2n} p(\xi_1)p(\xi_2) \cdots p(\xi_{2n}) U_t \rho_t U_t^\dagger.$$

$$T_{2b} = -\frac{2\Delta}{\ln \kappa} = \Delta \left[ \ln \left| \frac{J_{n/2}}{\sin(J_{n/2})} \right| \right]^{-1}.$$ 

Since $\kappa$ approaches 1 from below when $J_{n} \to 0$, $T_{2b}$ approaches $\infty$ in this limit. Therefore decoherence is suppressed by bang-bang pulses.

Here we would like to give a remark on the work by Teklemariam et al.\(^{17}\) They used a three-spin molecule as a composite of a one-qubit system and a two-qubit environment. Their initial state vector takes the form $|\chi_i\rangle \otimes |\phi_i\rangle \otimes |\psi_i\rangle$. Their Hamiltonian in our notation is

$$H = J_{12} I \otimes I \otimes I + J_{13} I \otimes I \otimes I + J_{23} I \otimes I \otimes I,$$

with which the time-evolution operator $U(t) = e^{-iHt}$ is defined. They introduced a kick operator

$$K(\xi, \zeta) = I \otimes e^{i\xi_n} \otimes e^{i\zeta_n},$$

which acts on the artificial environment. Here $\xi$ and $\zeta$ are random variables, which are interpreted as kick angles. Now the time evolution operator of the whole system is

$$U_{\xi,\zeta} = K(\xi_n, \zeta_n) U(t) K(\xi_{n-1}, \zeta_{n-1}) U(t) \cdots$$

This should be compared with our time-evolution operator (53). Their strategy to manipulate the environment is different from ours. A channel associated with their model is defined if $U_{\xi,\zeta}$ is substituting into (2). A two-qubit environment is required to simulate an arbitrary one-qubit channel. In contrast, we are interested only in the phase decoherence in this paper and a one-qubit environment is sufficient for this purpose as was discussed above. It is possible, thanks to this simplification, to carry out all the calculations analytically.

5. Experiments

We demonstrate generation and suppression of phase decoherence experimentally with an NMR quantum computer. A 0.6 mL, 200 mM sample of $^{13}$C-labeled chloroform (Cambridge Isotope) in d-6 acetone is employed as a two-qubit molecule. The spin of carbon nucleus in chloroform is referred to as spin 1 (qubit 1), while the spin of hydrogen nucleus is referred to as spin 2 (qubit 2). Data is taken at room temperature with a JEOL ECA-500 NMR spectrometer,\(^{28}\) whose hydrogen Larmor frequency is approximately 500 MHz. The measured spin-spin coupling constant is $J/2\pi = 215.5$ Hz. The transverse relaxation times in a...
natural environment are \( T_1 \sim 0.30 \text{s} \) for the carbon nucleus and \( T_2 \sim 7.5 \text{s} \) for the hydrogen nucleus. The longitudinal relaxation times are measured to be \( T_1 \sim 20 \text{s} \) for both nuclei. The duration of a \( \pi \)-pulse for both nuclei is set to 50 \( \mu \text{s} \) throughout our experiments. Precision of pulse duration control is 100 \( \text{ns} \).

5.1 Hamiltonian in the rotating frame

The approximate Hamiltonian of two spins in a hetero-nucleus molecule, such as \(^{13}\text{C}\)-labeled chloroform in a static magnetic field \( B_0 \) along the \( z \)-axis is

\[
H = -\omega_{0,1} I_x \otimes I_x - \omega_{0,2} I_z \otimes I_z + J I_z \otimes I_z,
\]

under the secular approximation. Here \( \omega_{0,i} = \gamma_i B_0, \gamma_i \) being the gyromagnetic ratio of the nucleus \( i \), and \( J \) is a scalar coupling constant between the spins. The state of the whole system evolves following the Schrödinger equation

\[
i \frac{d}{dt} |\psi(t)\rangle = H |\psi(t)\rangle.
\]

If we apply a time-dependent unitary transformation

\[
R = e^{-i \omega_{0,1} t I_x \otimes I_x} \otimes e^{-i \omega_{0,2} t I_z \otimes I_z}
\]

on the state of the two-qubit system as \( |\tilde{\psi}(t)\rangle = R |\psi(t)\rangle \), we obtain

\[
i \frac{d}{dt} |\tilde{\psi}(t)\rangle = iR \frac{d}{dt} |\psi(t)\rangle + \frac{dR}{dt} |\psi(t)\rangle = RH |\psi(t)\rangle + \frac{dR}{dt} |\psi(t)\rangle = RHR^\dagger |\tilde{\psi}(t)\rangle + \frac{dR}{dt} R^\dagger |\tilde{\psi}(t)\rangle.
\]

Therefore, the transformed state \( |\tilde{\psi}(t)\rangle \) satisfies the Schrödinger equation

\[
i \frac{d}{dt} |\tilde{\psi}(t)\rangle = \tilde{H} |\tilde{\psi}(t)\rangle
\]

with the transformed Hamiltonian

\[
\tilde{H} = RHR^\dagger + i \frac{dR}{dt} R^\dagger = J I_z \otimes I_z + i \frac{dR}{dt} R^\dagger
\]

which is nothing but the Hamiltonian (35). The time-dependent operator (62) transforms a coordinate system from the laboratory frame to a rotating frame. We will use the rotating coordinate system defined with eq. (62) in the following and the symbol \( \sim \) will be omitted henceforth to simplify the notations.

5.2 Demonstration of the phase decoherence in a quantum transmission line

The model of phase decoherence in a transmission line is implemented with NMR. The scheme of the experiment is shown in Fig. 3. Time evolution of spins is depicted in Fig. 3(a) in terms of the Bloch vectors viewed from the rotating frame defined with the transformation (62). Both spins are set initially in the state \( |0\rangle \). This initial state is prepared as a so-called pseudopure state. Spin 1 is turned to the \( x \)-direction by a \( \pi/2 \)-pulse along the \( y \)-axis at \( t = 0 \). Spin 2 is flipped by a \( \pi \)-pulse at \( t = t_1 \) and then flipped back to \( |0\rangle \) by another \( \pi \)-pulse at \( t = t_1 + \Delta \). Spin 1 evolves according to the Hamiltonians (36). Spin 1 precesses with the angular velocity \(-J/2(J/2)\) while spin 2 is in the state \(|0\rangle(|1\rangle)\). The state of spin 1 at \( t = T \) is measured via a free induction decay (FID) signal. Figure 3(b) is a schematic picture of the pulse sequence to manipulate these spins. A short bar denotes a \( \pi/2 \)-pulse while a long bar denotes a \( \pi \)-pulse. (c) The pulse sequence for the bang-bang control. A regular sequence of \( \pi \)-pulses with a constant interval \( t_b \) is applied on spin 1.

![Fig. 3. Experimental scheme to generate phase decoherence in a “flying” qubit in a transmission line. (a) Motion of the spin Bloch vectors viewed in the rotating frame. (b) The pulse sequence to implement the phase flip channel. A short bar denotes a \( \pi/2 \)-pulse while a long bar denotes a \( \pi \)-pulse. (c) The pulse sequence for the bang-bang control. A regular sequence of \( \pi \)-pulses with a constant interval \( t_b \) is applied on spin 1.](image)

![Fig. 4. Amplitude of spin 1 measured in the presence of phase decoherence in a transmission line (open symbols) and the same with the bang-bang control (filled symbols). □ ■ individual amplitude measured via FID signals. △ ○ amplitude averaged over 16 measurements. □ ○ amplitude averaged over 128 measurements (16 × 8 = 128). The rectangle area in (a) is magnified in the panel (b).](image)
time $\Delta$. The contribution of the trivial phase shift $S(-JT/2)$ in eq. (37) has been removed when plotting the data.

To construct a mixing process we take average of measured amplitudes. Each open triangle in Fig. 4 is an average of 16 amplitudes. There are $8 = 128/16$ open triangles in total. It is found that the absolute values of the averaged amplitudes $\Delta$ become considerably smaller than unity.

The open circle in Fig. 4 shows the average of all 128 measured amplitudes. The averaged amplitude is close to the origin, which implies vanishing off-diagonal elements of the density matrix of spin 1 and therefore is a clear indication of phase decoherence. Thus we see this system works as an artificial phase flip channel for spin 1.

Next, we apply the bang-bang control to the system qubit. Figure 3(c) shows the pulse sequence to implement the phase flip channel and the bang-bang control. We start applying a regular series of short $\pi$-pulses on spin 1 at $t = t_1$, whose pulse interval is $t_0 = 0.3$ ms. The number of $\pi$-pulses is 16 in each run. The duration of the $\pi$-pulses is a sum of the pulse intervals (0.3 ms) $\times 15$ and the pulse durations (50 $\mu$s) $\times 16$ and thus is 5.3 ms, which covers the period when spin 2 is in the state $|1\rangle$. The rotation axes of the $\pi$-pulses for spin 1 are cyclically permuted as

$$\left(x, -x, y, -y, -x, x, -y, y\right)$$

in order to reduce influence of possible pulse imperfections. We repeat this procedure 128 times with randomly varied $\Delta$'s.

The FID amplitudes in the presence of the bang-bang pulses are indicated by filled squares in Fig. 4. The panel (b) in Fig. 4 is a magnification of a part of the panel (a). The absolute values of these amplitudes are almost one. Moreover, their phases distribute in a narrow range, $|\phi| \leq$ 0.25 rad. This is comparable to the theoretical estimate $J_{01} = 2\pi \times 215.5 \times 0.3 \times 10^{-3} \approx 0.4$ rad. The filled triangle in Fig. 4 shows the average of 16 amplitudes in the presence of the bang-bang control. The filled circle in Fig. 4 shows the average of whole 128 amplitudes. The average of the whole data is 0.93 $\pm$ 0.01. The error in the y-component originates form the FID phase determination error.

This magnitude 0.93 may be compared with the theoretical prediction of 0.99. Note that we should slightly modify $\kappa$ from eq. (50) to $\kappa = \sin(J_{01}/2)/(J_{01}/2)$, since the starting times of the bang-bang pulses are fixed at $t = t_1$ in experiments. This discrepancy between our theory and experiments should not be taken seriously since the pulse durations (50 $\mu$s) for qubit 1 and 2 are finite and are 1/6 of the pulse interval (0.3 ms) of the bang-bang pulses in real experiments while they are assumed infinitely short in theory.

We conclude this section by stating that the bang-bang pulses indeed suppress decoherence generated artificially.

### 5.3 Demonstration of the phase decoherence in a quantum memory

The model of the phase decoherence in a quantum memory is also implemented with NMR. We use the same two-spin molecule as that employed in the previous experiment. Both spins are initially set to the up-state $|0\rangle$. Spin 1 is turned to the x-axis by a $\pi/2$-pulse at $t = t_0 = 0$ while spin 2 is flipped from $|0\rangle$ to $|1\rangle$ by a $\pi$-pulse at $t = t_{2k-1}$ and is flipped back from $|1\rangle$ to $|0\rangle$ by a subsequent $\pi$-pulse at $t = t_{2k}$ ($k = 1, 2, 3, \ldots$). The rotation axes of these $\pi$-pulses are cyclically permuted as in eq. (64) to reduce undesired influence of imperfections in the $\pi$-pulses. Thus the number of $\pi$-pulses are set to a multiple of 8. The time intervals $[\Delta_0 = t_{j+1} - t_j]$ between adjacent $\pi$-pulses distribute according to the Gaussian distribution (51) and (52). The spin 1 evolves with the Hamiltonians (36). The x- and y-components of the Bloch vector of spin 1 at $t = T$ are measured by FID signals.

In the first run, depicted in Fig. 5(a), we put $\alpha = 0$ and hence the time interval between $\pi$-pulses is a constant, $\Delta_0 = \Delta = 2$ ms. In this case a regular alternating field acts on spin 1. If the $\pi$-pulses and the spin dynamics were perfect, there would be no decoherence. However, in reality, it is impossible to avoid pulse imperfection, measurement errors and intrinsic decoherence. Figure 6 shows that decoherence takes place even in the system under regular pulses. The measurement with $\alpha = 0$ is necessary as a reference to the other measurements with $\alpha \neq 0$. We may claim that decoherence is enhanced by the random fluctuating field if we observe faster decoherence in the measurement with $\alpha \neq 0$ than that with $\alpha = 0$. The magnitudes of measured amplitudes under the pulses with $\alpha = 0$ are plotted as filled squares in Fig. 6. The measured decoherence factor for $\alpha = 0$ is

$$e^{-T/T_z} = 0.45 \text{ at } T = 100 \text{ ms.}$$

Next, we modulate the time interval of spin 2 flippings randomly. The corresponding pulse sequence is shown in Fig. 5(b). The variance of the intervals in eq. (51) is chosen to be $\alpha = 0.10, 0.15, 0.20$, and 0.25. The average of the intervals is $\Delta = 2$ ms. A series of random variables $\Xi = (\xi_0, \xi_1, \ldots, \xi_e)$ is prepared according to the Gaussian distribution (52). Then a series of intervals $(\Delta_0, \Delta_1, \ldots, \Delta_e)$ is defined via (51) and then the amplitude $a_0 + ia_0$ of spin 1
is measured at time \( t = T \). We prepare 128 different pulse sequences corresponding to \( \{ \Xi_1, \Xi_2, \ldots, \Xi_{128} \} \), repeat measurements 128 times and take an average of 128 measured amplitudes for each values of \( \alpha \) and \( T \). The magnitude of the averaged amplitude is plotted as a function of \( T \) in Fig. 6.

The correspondence between the symbol and the variance parameter \( \alpha \) is \( \{ \triangledown: \alpha = 0.10 \}, \{ \triangle: \alpha = 0.15 \}, \{ \bigcirc: \alpha = 0.20 \}, \{ \square: \alpha = 0.25 \} \). The plotted data show exponential decrease in the magnitude of the amplitude \( |a_t + ia_n| \).

It is clearly seen that a larger variance \( \alpha \) introduces faster decoherence in spin 1. The decoherence factors are read from the slopes of the graphs in Fig. 6 as

\[
e^{-T/T_1} = 0.31, 0.20, 0.10, 0.05 \text{ at } T = 100 \text{ ms}.
\]

Let us introduce a dimensionless quantity

\[
R(\alpha) = -\frac{1}{\alpha^2} \ln \left( \frac{e^{-T/T_1}|_{\alpha=0}}{e^{-T/T_1}|_{\alpha=\alpha}} \right)
\]

(67)
to compare the measured data with the theoretical estimation. The theoretical prediction (57) yields

\[
R_{\text{theory}} = \frac{1}{8} J^2 \Delta T = 46
\]

(68)
for \( J = 2\pi \times 215.5 \text{ Hz}, \Delta = 2 \text{ ms}, T = 100 \text{ ms} \), independently of \( \alpha \). On the other hand, by substituting the measured values (65) and (66) into (67), we obtain

\[
\alpha = 0.10, 0.15, 0.20, 0.25,
\]

\[
R(\alpha) = 37, 36, 38, 35.
\]

We observe that the value \( R(\alpha) \) is almost independent of \( \alpha \), implying that the decoherence rate \( (T_1^2)^{-1} \) is proportional to \( \alpha^2 \) as predicted in (58).

We conducted a numerical simulation and found that calibration error and spatial inhomogeneity of rf pulse fields may lead to apparently longer \( T_1^2 \) than that with perfect \( \pi \)-pulses. Therefore, we attribute the small quantitative discrepancy between the theory and the experiments to rf pulse imperfections. It is observed in Fig. 6 that the data points deviate from the straight line in particular for the case with \( \alpha = 0.25 \) with \( T \geq 80 \text{ ms} \). Our numerical simulation also shows that fluctuation in averaged amplitude is large in the region where the averaged amplitude is small. This fluctuation originates from smallness of the statistical ensemble, whose size is 128 in our experiment.

Next, we apply the bang-bang control to spin 1. The pulse sequence to incorporate the bang-bang control is shown in Fig. 5(c). A regular sequence of \( \pi \)-pulses with interval \( t_0 = 0.5 \text{ ms} \) is applied on spin 1. The rotation axes of these \( \pi \)-pulses are cyclically permuted as given in eq. (64). During this run, a sequence of \( \pi \)-pulses whose interval fluctuates with variance \( \alpha = 0.25 \) is also applied on spin 2.

We finally measure the amplitude of spin 1 at \( t = T \). We repeat the measurement by preparing 128 different pulse sequences corresponding to \( \{ \Xi_1, \Xi_2, \ldots, \Xi_{128} \} \). The magnitude of averaged amplitude is plotted as a function of \( T \) with the symbol \( \square \) in Fig. 7. The broken line in Fig. 7 is the reference data with regular pulses on spin 2 and no pulses on spin 1 [Fig. 5(a)]. The solid line in Fig. 7 is the experimental result with random pulses on spin 2 and without the bang-bang control to spin 1 [Fig. 5(b)]. Comparing the data points \( \square \) with the solid line, we observe that decoherence is suppressed by the bang-bang control. The decoherence factor is read from \( \square \) in Fig. 7 as

\[
e^{-T/T_1} = 0.35 \text{ at } T = 60 \text{ ms for } t_0 = 0.50 \text{ ms}.
\]

The decoherence factor of the reference broken line in Fig. 7 is

\[
e^{-T/T_1} = 0.63 \text{ at } T = 60 \text{ ms for } \alpha = 0.
\]

Their ratio is

\[
\frac{e^{-T/T_1}|_{\text{bang}}}{e^{-T/T_1}|_{\text{ref}}} = \frac{0.35}{0.63} = 0.56.
\]

(71)

Theoretical prediction (60) leads

\[
e^{-T/T_2}|_{\text{theory}} = 0.56,
\]

(72)
which is in good agreement with experiments, although there are various factors not taken into account in our theory. For example, finite pulse durations, pulse calibration errors,
and adequacy of the assumption of $Jt \ll 2\pi$ are ignored in our theoretical analysis.

From these results we conclude that the bang-bang pulses have suppressed decoherence caused by the interaction with the dynamical environment.

6. Conclusions

We have shown in this paper that a two-qubit system can simulate a composite of a system (qubit 1) and its environment (qubit 2) so that qubit 1 exhibits phase decoherence, provided that the state of qubit 2 is randomized by external manipulation. We have evaluated decoherence rates of qubit 1 and also shown that decoherence is suppressed by applying the bang-bang control to qubit 1.

Performing NMR experiments with a two-spin molecule we measured decoherence in a clear manner. In the simulation of phase decoherence in a qubit flying through a quantum transmission line, our theoretical calculations were consistent with the measured amplitudes. Our theoretical calculations qualitatively explained the measured decoherence rates in the simulation of phase decoherence in a quantum memory. It was confirmed that the decoherence rate $T^{−1}$ is proportional to the squared variance $\sigma^2$ of the interval distribution of the pulses applied to the environment (qubit 2). In both cases we demonstrated that the bang-bang control successfully suppressed decoherence when the interval $t_0$ of successive time reversal operations is much shorter than the correlation time of the artificial environment.

Study of a qubit system as a composite of a system and its environment will help our understanding of the mechanism of decoherence and will help further development of techniques to suppress decoherence.

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27) D. Pines and P. Slichter: Phys. Rev. 100 (1955) 1014. The phase $\theta$ of the spin due to white noise evolves in time and is randomly distributed at a later time. The distribution function is $p(\theta) = (1/\sqrt{2\pi})e^{-\theta^2/2}$, where $\sigma^2$ is proportional to the evolution time $t$.

28) http://www.jeol.com/